COVID-19 VIRUS:
BUSTING MYTHS & STATING FACTS
MYTH 1
Rising temperatures can kill Covid-19 Virus

FACT
Impact of hot or cold climate on virus is not proven. According to WHO, Corona virus can spread to all hot, humid and cold areas.
MYTH 2

Covid-19 Virus can be prevented by taking a hot bath

FACT

Taking a hot bath will keep us clean but it cannot protect against Covid-19 Virus. Washing hands with soap frequently is the most effective way.
MYTH 3
Spraying of alcohol or chlorine on your body can kill the virus

FACT
No! The virus is not killed by spraying either of these on the body. In fact, they can damage your clothes and face (eyes/mouth).
MYTH 4

The virus can be transmitted through letters/packets delivered through postal or courier services

FACT

The risk from them is very less since such letters/packets reach their destination after several days. Probability of virus being alive on a surface over a long period of time is very slim.
MYTH 5
It affects only the older people

FACT
People of all ages can be affected by Corona virus. However, older people with pre-existing medical conditions such as heart ailments, high blood pressure, and diabetes are more susceptible.
MYTH 6
Treatment drugs/vaccine for pneumonia can protect against the new Corona virus

FACT
No! Not yet completely proven. Avoid taking any meds without consulting a doctor.
MYTH 7
If a person can hold his/her breathe for 10 seconds they do not have Corona virus.

FACT
Wrong! Using such technique would not help detection of Corona virus.
MYTH 8
Pets can spread Corona virus

FACT
No! There is no evidence that pets can spread Corona virus. However one should wash hands with soap after touching pets.
MYTH 9
Corona virus is caused by eating meat, eggs, fish, poultry etc.

FACT
No! Consumption of non-vegetarian products do not cause Corona virus.
MYTH 10

Home remedies of ginger, garlic, basil, lemon, hot spices, decoctions etc. can cure Corona virus

FACT

No! There is no evidence that Corona virus can be cured with such home remedies.
MYTH 11
Corona virus can be treated with animal urine and cow dung

FACT
No! There is no evidence whatsoever that animal urine and cow dung can cure patients with Corona virus.
MYTH 12
Anyone with a cough and sneeze is affected by Covid-19

FACT
If cough and sneeze is accompanied by high fever and difficulty in breathing, it’s imperative to get tested.
MYTH 13
Every patient affected with Covid-19 virus dies

FACT
No. Covid-19 patients when detected early, recover.
SO FOLKS,

BE INFORMED, BE SMART, VERIFY ANY INFORMATION COMING YOUR WAY BEFORE YOU SHARE FURTHER. MORE IMPORTANTLY, BE KIND!

SHARE AND AMPLIFY IN YOUR VILLAGES AND COMMUNITIES.
REMEMBER TO ENSURE THE COVID-19 PANDEMIC DOES NOT INSTILL PANIC.

INSTEAD, LET’S FIGHT AGAINST IT TOGETHER!
ISSUED BY
THE HUNGER PROJECT,
INDIA
IN PUBLIC INTEREST