



COVID-19 VIRUS:

# BUSTING MYTHS & STATING FACTS



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PROJECT  
INDIA

# MYTH 1

**Rising temperatures can kill Covid-19 Virus**

# FACT

**Impact of hot or cold climate on virus is not proven. According to WHO, Corona virus can spread to all hot, humid and cold areas.**



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# MYTH 2

**Covid-19 Virus can be prevented by taking a hot bath**

# FACT

**Taking a hot bath will keep us clean but it cannot protect against Covid-19 Virus. Washing hands with soap frequently is the most effective way.**



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# MYTH 3

**Spraying of alcohol or chlorine on your body  
can kill the virus**

# FACT

**No! The virus is not killed by spraying either  
of these on the body. In fact, they can  
damage your clothes and face (eyes/mouth).**



# MYTH 4

The virus can be transmitted through letters/packages delivered through postal or courier services

# FACT

The risk from them is very less since such letters/packages reach their destination after several days. Probability of virus being alive on a surface over a long period of time is very slim.



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# MYTH 5

It affects only the older people

# FACT

People of all ages can be affected by Corona virus. However, older people with pre-existing medical conditions such as heart ailments, high blood pressure, and diabetes are more susceptible.



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# MYTH 6

Treatment drugs/vaccine for pneumonia can protect against the new Corona virus

# FACT

No! Not yet completely proven. Avoid taking any meds without consulting a doctor.



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# MYTH 7

If a person can hold his/her breathe for 10 seconds they do not have Corona virus

# FACT

Wrong! Using such technique would not help detection of Corona virus.





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# MYTH 8

Pets can spread Corona virus

# FACT

No! There is no evidence that pets can spread Corona virus. However one should wash hands with soap after touching pets.



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# MYTH 9

Corona virus is caused by eating meat, eggs, fish, poultry etc.

# FACT

No! Consumption of non-vegetarian products do not cause Corona virus.



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# MYTH 10

Home remedies of ginger, garlic, basil, lemon, hot spices, decoctions etc. can cure Corona virus

# FACT

No! There is no evidence that Corona virus can be cured with such home remedies.



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# MYTH 11

**Corona virus can be treated with animal urine and cow dung**

# FACT

**No! There is no evidence whatsoever that animal urine and cow dung can cure patients with Corona virus.**



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# MYTH 12

Anyone with a cough and sneeze is affected by Covid-19

# FACT

If cough and sneeze is accompanied by high fever and difficulty in breathing, it's imperative to get tested.



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# MYTH 13

Every patient affected with Covid-19 virus dies

# FACT

No. Covid-19 patients when detected early, recover.



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**SO FOLKS,**

**BE INFORMED, BE SMART,  
VERIFY ANY INFORMATION  
COMING YOUR WAY BEFORE  
YOU SHARE FURTHER. MORE  
IMPORTANTLY, BE KIND!**

**SHARE AND AMPLIFY IN YOUR  
VILLAGES AND COMMUNITIES.**



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**REMEMBER TO ENSURE  
THE COVID-19 PANDEMIC  
DOES NOT INSTILL PANIC.**

**INSTEAD, LET'S FIGHT  
AGAINST IT TOGETHER!**





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**ISSUED BY**  
**THE HUNGER PROJECT,**  
**INDIA**  
**IN PUBLIC INTEREST**

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