



#### DEAR FARMERS,

IT IS TIME TO HARVEST WHEAT, MILLET AND MUSTARD CROPS!

TO PROTECT YOURSELF FROM COVID-19 VIRUS, UNDERTAKE THE FOLLOWING MEASURES.







## Put a handkerchief, cloth or mask on your mouth while harvesting.







Wash your harvesting tools such as sickle, small axe etc. 3-4 times a day with soap water.





The virus spreads rapidly when those affected spit, sneeze and sit very close to each other. Therefore, at all times of harvesting, maintain a distance of at least 2 meters (6 feet) from each other.





Use your own water bottle and separate food utensils and keep a distance of 2 meters while eating and talking to each other.





If any farmer/labourer exhibits symptoms such as cough, fever, headache, body pain or has difficulty in breathing, immediately stop them from working and ensure treatment is sought at the nearest health centre.





Always keep sufficient water at the site of harvesting so that you face no difficulty in washing hands and harvesting tools.







Wash clothes worn during harvesting every day and dry them in the sun.



# IF WE KEEP THESE MEASURES IN MIND, WE CAN STAY SAFE AS WELL AS PROTECT OUR FAMILIES AND COMMUNITIES FROM GETTING SICK.





#### FOR MORE INFORMATION, CONTACT THE MINISTRY OF HEALTH AT THE NUMBER GIVEN BELOW:

HELPLINE: 91-11-23978046

GOVERNMENT HELP DESK &WHATSAPP NUMBER 91-11-23978046





### SHARE AND AMPLIFY THE INFORMATION IN YOUR VILLAGES AND COMMUNITIES

REMEMBER TO ENSURE THE COVID-19 PANDEMIC DOES NOT INSTILL PANIC.

INSTEAD, LET'S FIGHT AGAINST IT TOGETHER



# ISSUED BY THE HUNGER PROJECT, INDIA IN PUBLIC INTEREST

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