CORONA SAMACHAR
This disease is spreading rapidly from one person to another due to exposure to the virus from sputum and sneeze of the corona infected person.
Protecting yourself from the virus is the only effective way to avoid the disease.
Covid-19 does not necessarily mean death. But hiding the disease, delaying treatment worsens condition of patients (and in some cases this can cause death) as well as affect others around you.
To protect yourself and your communities from the COVID-19 virus, do the following:
Wash hands with soap properly. Ensure nails and fingers are scrubbed.
Cover mouth/nose when coughing or sneezing. Do not touch your face, mouth, nose, eyes before washing your hands.
At all times, maintain a safe distance of 2 meters (6 feet) if stepping out.
Avoid physical contact when greeting. Safe greetings include: Namaste, salaam, a wave, a nod, or a bow.
Take care of the person suffering from corona by adopting safety measures as prescribed by medical personnel.
Apart from the necessary preventive / safety measures, please also ensure that you do not, at any cost, do the following:

- **DO NOT SPREAD RUMOURS AND MISINFORMATION**
- **DO NOT TREAT THE DISEASE WITH ANIMAL URINE AND COW DUNG**
- **DON’T BELIEVE IN CLAIMS OF CURE BY PEOPLE PRACTICING SORCERY AND WITCHCRAFT**
- **TAKE SPECIAL CARE OF WHAT YOU EAT AND DRINK SO THAT THE BODY STAYS HEALTHY FOR COPING WITH DISEASES**
If someone has recently returned from abroad or other parts of the country (example the migrant workers), then ensure they voluntarily report themselves to the administration or you should inform the administration about their return so that can be examined for the virus, and prevent its spread.
WHAT ELSE TO DO?

Follow the guidelines and information given by the state government and the central government regarding the pandemic as necessary.
FOR MORE INFORMATION, CONTACT THE MINISTRY OF HEALTH AT THE NUMBERS GIVEN BELOW:

HELPLINE: 91-11-23978046

GOVERNMENT HELP DESK & WHATSAPP NUMBER 91-9013151515
SHARE AND AMPLIFY IN YOUR VILLAGES AND COMMUNITIES.

PRACTICE PHYSICAL DISTANCING + SOCIAL SOLIDARITY AT ALL TIMES.

REMEMBER TO ENSURE THE COVID-19 PANDEMIC DOES NOT INSTILL PANIC.

INSTEAD, LET’S FIGHT AGAINST IT TOGETHER!
CORONA SAMACHAR

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THE HUNGER PROJECT, INDIA
IN PUBLIC INTEREST

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